

All is well that ends well

Being is constant

Continuum is life

Doubt is a thing of mind

Energy is everywhere

Find it by letting go of mind

God is a way the ancients named it

How one lives is a matter of choices

"I think therefore I am" is a construct of mind

June has passed and the days grow shorter,  
but the time of light is speeding up

Knowledge is important for survival in this life

Love is universal energy

Many suffer psychic pain and feel  
good about sharing pain

Now what does this say about emotion?

Open is consciousness of breath

Power is often an extension of pain

Quiz those who aspire to pain

Renew your connection to cosmic energy

Sun is the source of energy that drives  
our physical existence

Too much focus on this may lead to detachment

Unless one handles survival skills automatically,  
mind will fight him with "no"

Women will object to my use of "him" in the line above

X can only mark a spot for a finite amount of time

Yes to all possibility

Zero is the gateway

## The Alphabet of Now

## Ron Brown



After many years working for the man I am free to rededicate myself to my wife and family and pursue my fascination with poetry, bonsai, art, and photography. Yes, I have awakened and wish for the slumberous masses to join me. I am a new voice in the poetry community – never published.