

LAUNDRY RIDE ON BUS 11

AMBIKA TALWAR

Laundry Ride on Bus 11
Woman whose laundry
ran away in the bus
she laughed and we too.

Her bushy hair a framework of halos
her cell phone ringing into the dark
shadows of dust under a seat
where a young Asian student creeps
to retrieve a list of contacts

Bus 11 tumbled on jerking and pulling. So old.

Woman of goodness laughed and we
at her laundry on rollers
taking a ride on the bus
and she busy sorting papers
spectacles and the sort—so jolly and nice.

Saw her again today, asked
if her rolling basket behaved;
she remembered me—I said I her...

She's thankful for Bus 11,
it connects her to Bus 7—
the way to TJ's and the Pavilion.
Nice nice shopping spree.

I nod a "yes" at my recent adventures,
add but we do need better public transport
with finer interconnections.

Little German woman in hood and hat
Gestures, "to cover me for the wind today"
says, "ja ja, we do—most certainly."

All cultures agree we might connect better
but how when people we know
become bureaucrats—lose humor and tenderness.

Little round woman in ethereal shell pink layers,
black shiny hair all gel'd and pulled back
in a tiny top knot, smiles a small curl.

Bus 11 stops at Pico and 20th.

Long-time educator, published author poet/artist, Ambika has been involved in holistic arts/sciences for many years. She practices polarity therapy and Vianna Stibal's DNA healing techniques, which she finds most elegant. Language, she believes, is key to our healing and renewal. "I am a poet and that is how I approach all that I do. I see the power of language coded in us and help you find and be in your resonance—whether it be through the poetic process or theta work or polarity—for then we choose rightly." Language matters—language of the mind, the body, and the spirit. She has combined poetic processes and holistic techniques to assist in these practices of re-creating the self. She developed her painting and writing skills, published poems in some journals, gained some renown in the Los Angeles area as a poet, and made a film for which she won the best script award at a festival in Belgium. But it was not enough. She has been busy writing and wanting to make something more of her life, improving herself in many ways so as to better serve those with whom she comes in contact—You. Talwar resides in Los Angeles and loves to travel to Italy and India. <http://www.preciousheartchi.com>

