

THE POET FROM THE M

Some build walls
others build bridges..
Practice Nonviolence..
Don't go by what is,
go by what can be..
One Global human family

When folks get caught up
in the rat race,
the dollar stakes chase replaces
their priorities,
values like compassion & integrity
go out the window like
a caramel cappucino,
it happens everyday..
Bring it back to what
it's all about -- family.

Don't go by what is,
go by what can be..

Family is all the people
living in the same house
from common ancestors..
In this case we all live
in the same house:
Planet Earth!

A culture of vision
starts with cooperation,
hard work is love in action..
Planning, foresight
& vision..
Respecting others & figuring
how to nurture peaceful,
equal & full development



One Global Human Family



for all people..
Paint the piece, plant the
seed & push for peace,
Communicate, contribute,
cooperate, come together to operate
an apparatus that'll shake the core
of many into one solid frenzy
impacting the hearts of minds
of the world..
Hearts, hands, community
family, friends, unity
working together fluidly
it's easier than we think..
Seperatists need to
get with the program..
You have to know when to be
a follower & when to be a leader,
Know when to listen,
Your economic status
doesn't automatically
make your consciousness elevated,
the most compassionate people
have the deepest spiritual pockets.

Don't go by what is,
go by what can be..
Safety is censorship
in these days of false patriots
& lost atheists..
The only salvation comes from
the creator
faith & belief produce power
yes it's the conviction
of our collective consciousness
that will divide the flames of fire,
devotion to truth takes us higher,

Mike Sonksen

Mike Sonksen, also known as, "Mike the Poet," is a Los Angeles-based writer spoken word poet widely acclaimed for his live performances and frequent contributions to national publications. For over a decade, Mike has performed at numerous venues: bookstores, museums, nightclubs, art galleries, churches, you name it. After graduating from UCLA in 1997 he's been published in the Los Angeles Times, Anthem, WAV, L.A. Weekly, L.A. Citybeat, L.A. Record, L.A. Alternative Press, O.C. Weekly, Long Beach Business Journal, etc. His poem "I've Seen the Best Minds of My Generation," was licensed by Scion to appear on the mix CD: "From the Basement: the Best of Unsigned Artists." Rock & Rap Confidential says that Mike's 2004 spoken word album, "I Am Alive in Los Angeles!", "glories in the melting pot that is today's Los Angeles with a spy satellite's eye for detail, yet doesn't shy away from describing all who get boiled to death on that stove." The book of the same title drops in January 2006. He hosts 3 monthly events @ 33 1/3rd Books, Blue Chips & Blue Nile Cafe, holla @ him 'cuz he likes people.. mikethepoet@comcast.net



it's our commitment to what's
righteous that might just ruffle a few feathers
of post patriot act America..

Some build walls
others build bridges..
to build a bridge is an
essential human relationship
organized action actualizes the potential
for transformation & metamorphosis
cooperation will make the world yours,
build community by communicating unity
an advanced humanitarian morality
makes harmony a reality
humble yourself to the most high
the sooner you do, the sooner
the truth comes home..
Respect God .. Respect the force,
love is the source..
Universal bodhisattvas teach
enlightenment by admitting
they don't know anything..
Some call it God fearing,
call it hearing,
by staying behind
the wise one
stays ahead..
What are your goals?
Depart from evil, do good,
seek peace & go for it!
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others build bridges..
Practice Nonviolence..
Don't go by what is,
go by what can be..
One Global human family..